Scribed By: Gustavo Sutter Lecture #10 October 8, 2025

## **High Dimensional Linear Regression**

## Recap: Setup and Underparametrized Regime

From Bach 2024 we have the following model

$$y_i = x_i^{\top} \theta_* + \epsilon_i \tag{1}$$

where  $x_i \sim \mathcal{N}(0, 1)$  and  $\epsilon_i \sim \mathcal{N}(0, \sigma^2)$ .

In vector form Equation 1 can be rewritten

$$\underbrace{\boldsymbol{y}}_{n\times 1} = \underbrace{\boldsymbol{X}}_{n\times d} \underbrace{\boldsymbol{\theta}_*}_{d\times 1} + \underbrace{\boldsymbol{\epsilon}}_{n\times 1} \tag{2}$$

We are doing regression using random projections, that is

$$\underbrace{\hat{\boldsymbol{y}}}_{n \times 1} = \underbrace{X}_{n \times d} \underbrace{S}_{d \times m} \underbrace{\hat{\boldsymbol{\eta}}}_{m \times 1}, \qquad S_{ij} \sim \mathcal{N}(0, 1)$$

$$\hat{\boldsymbol{\theta}} = S \hat{\boldsymbol{\eta}}$$

$$\hat{\boldsymbol{\eta}} = \lim_{\lambda \to 0} \underset{\boldsymbol{\eta}}{\arg \min} \{ \|\boldsymbol{y} - X S \boldsymbol{\eta}\|^2 + \lambda \|\boldsymbol{\eta}\|^2 \}$$
(3)

The risk  $R(\hat{\theta}) = \|\hat{\theta} - \theta_*\|$  can be decomposed into bias and variance components by taking the expectation over  $\epsilon$  as follows:

$$\mathbb{E}_{\epsilon}[R(\hat{\boldsymbol{\theta}})] = \mathbb{E}_{\epsilon}[\|\hat{\boldsymbol{\theta}} - \boldsymbol{\theta}_{*}\|^{2}] \\
= \mathbb{E}_{\epsilon}[\|\underline{S}(S^{\top}XX^{\top}S + n\lambda I)^{-1}S^{\top}X^{\top}}\boldsymbol{y} - \boldsymbol{\theta}_{*}\|^{2}] \\
= \mathbb{E}_{\epsilon}[\|M\boldsymbol{y} - \boldsymbol{\theta}_{*}\|^{2}] \\
= \mathbb{E}_{\epsilon}[\|M(X\boldsymbol{\theta}_{*} + \boldsymbol{\epsilon}) - \boldsymbol{\theta}_{*}\|^{2}] \\
= \mathbb{E}_{\epsilon}[\|(MX - I)\boldsymbol{\theta}_{*} + M\boldsymbol{\epsilon}\|^{2}] \\
= \|(MX - I)\boldsymbol{\theta}_{*}\|^{2} + \mathbb{E}_{\epsilon}[\|M\boldsymbol{\epsilon}\|^{2}] \\
= R^{\text{(bias)}}(\hat{\boldsymbol{\theta}}) + \mathbb{E}_{\epsilon}[R^{\text{(var)}}(\hat{\boldsymbol{\theta}})]$$
(4)

By taking the limit  $d, n, m \to \infty$  such that  $\frac{d}{n} \to \gamma$  and  $\frac{m}{n} \to \delta$  we showed that in the underparametrized regime  $(\delta < 1, \gamma < 1)$  we get

$$\mathbb{E}_{\epsilon}[R^{(\text{var})}(\hat{\boldsymbol{\theta}})] \sim \frac{\sigma^2 \delta}{1 - \delta} \tag{5}$$

In addition one can show that

$$R^{\text{(bias)}}(\hat{\boldsymbol{\theta}}) \sim \frac{\gamma - \delta}{1 - \delta} \frac{\|\boldsymbol{\theta}_*\|^2}{\gamma}$$
 (6)

On this lecture we will see the derivation of the limit in the overparametrized case.

## Overparametrized Regime

Recall that  $\hat{\Sigma} = \frac{1}{n} X X^{\top}$  and  $\text{Tr}(\hat{\Sigma}(\hat{\Sigma} + \lambda I)^{-1}) \sim \text{Tr}(\Sigma(\Sigma + \kappa(\lambda)I)^{-1})$ , where  $\kappa(\lambda) - \frac{1}{\varphi(-\lambda)}$ . When taking  $\lambda \to 0$  we get

$$\kappa(\lambda) = \begin{cases} 0, \gamma \le 1 & \text{(underparametrized)} \\ \gamma - 1, \gamma > 1 & \text{(overparametrized)} \end{cases}$$
(7)

This means that in the overparametrized regime, even when we have no regularization  $(\lambda \to 0)$  we have asymptotic regularization  $(\kappa(\lambda) = \gamma - 1 > 0)$ .

Now let us derive the limit of the bias component of the risk in the overparametrized regime. Taking the expectation of the term defined in Equation 4 we get

$$\mathbb{E}_{\epsilon}[\|M\epsilon\|^{2}] = \sigma^{2} \operatorname{Tr}(M^{\top}M)$$

$$= \frac{\sigma^{2}}{n} \operatorname{Tr}[S^{\top}S(S^{\top}\hat{\Sigma}S + \lambda I)^{-1}S\hat{\Sigma}S^{\top}(S^{\top}\hat{\Sigma}S + \lambda I)^{-1}]$$
(8)

The trace expression surely looks unwieldy, but we can make use of the following result:

#### Result (Proposition 2, Bach 2024).

$$\operatorname{Tr}\left[AZ^{\top}(Z\Sigma Z^{\top} - nzI)^{-1}ZBZ^{\top}(Z\Sigma Z^{\top} - nzI)^{-1}Z\right] \sim \operatorname{Tr}\left[A(\Sigma + \frac{1}{\varphi(z)}I)^{-1}B(\Sigma + \frac{1}{\varphi(z)}I)^{-1}\right] + \frac{1}{\varphi(z)^{2}}\operatorname{Tr}\left[A(\Sigma + \frac{1}{\varphi(z)}I)^{-2}\right]\operatorname{Tr}\left[B(\Sigma + \frac{1}{\varphi(z)}I)^{-2}\right] \cdot \frac{1}{n - \operatorname{df}_{2}(1/\varphi(z))}$$
(9)

Using this result (taking  $Z \to S^{\top}, \Sigma \to \hat{\Sigma}, n \to m, z \to -\lambda, A \to I, B \to \hat{\Sigma}, \kappa(\lambda) \to \tilde{\kappa}(\lambda), df_2 \to 0$  $df_2$  wrt  $\hat{\Sigma}$ ), we have the following asymptotic equivalence:

$$\mathbb{E}_{\boldsymbol{\epsilon}}[R^{(\text{var})}(\hat{\boldsymbol{\theta}})] \sim \frac{\sigma^2}{n} \operatorname{Tr}[\hat{\Sigma}(\hat{\Sigma} + \tilde{\kappa}(\lambda)I)^{-2}] + \frac{\sigma^2 \tilde{\kappa}(\lambda)^2}{n(m - d\tilde{f}_2(\tilde{\kappa}(\lambda)))} \operatorname{Tr}[(\hat{\Sigma} + \tilde{\kappa}(\lambda)I)^{-2}] \operatorname{Tr}[\hat{\Sigma}(\hat{\Sigma} + \tilde{\kappa}(\lambda)I)^{-2}]$$
(10)

To simplify this formula we will use the following results:

- $\lambda \to 0$   $\tilde{\kappa}(\lambda) = \frac{1}{(2(-\lambda))} \to 0$
- $\tilde{\mathrm{df}}_2(\tilde{\kappa}(\lambda)) = \mathrm{Tr}[\hat{\Sigma}^2(\hat{\Sigma}^+)^2] = n$
- Using the push-through identity we have  $\hat{\Sigma}(\hat{\Sigma} + \tilde{\kappa}I)^{-2} = nX^{\top}(XX^{\top} + n\tilde{\kappa}I)^{-2}X \rightarrow nX^{\top}(XX^{\top})^{-2}X$
- Using the Woodbury matrix identity <sup>2</sup> we have

$$\tilde{\kappa}(\lambda)^{2}(\hat{\Sigma} + \tilde{\kappa}(\lambda)I)^{-2} = (I - X^{\top}(XX^{\top} + n\tilde{\kappa}(\lambda)I)^{-1})X)^{2}$$

$$\rightarrow (I - \underbrace{X^{\top}(XX^{\top})^{-1}X}_{\text{projection matrix } P_{X}})^{2}$$

$$= (I - P_{X})^{2}$$

$$= I - P_{X}$$
(11)

Putting it all together we have

$$\mathbb{E}_{\boldsymbol{\epsilon}}[R^{(\text{var})}(\hat{\boldsymbol{\theta}})] \sim \sigma^2 \operatorname{Tr}[X^{\top}(XX^{\top})^{-2}X] + \frac{\sigma^2}{m-n} \operatorname{Tr}[I - P_X] \operatorname{Tr}[(XX^{\top})^{-1}]$$

$$= \sigma^2 \operatorname{Tr}[(XX^{\top})^{-1}] + \frac{\sigma^2}{m-n} \operatorname{Tr}[I - P_X] \operatorname{Tr}[(XX^{\top})^{-1}]$$
(12)

Note that  $\operatorname{Tr}[(XX^{\top} - nzI)^{-1}] = \hat{\varphi}(z) \xrightarrow{n \to \infty} \varphi(z) \xrightarrow{z \to 0} \frac{1}{\kappa(0)} = \frac{1}{\gamma - 1}$ . Also,  $\operatorname{Tr}[I - P_X] = d - n$ , because  $rank(P_X) = n$ . Thus

$$\mathbb{E}_{\epsilon}[R^{(\text{var})}(\hat{\boldsymbol{\theta}})] \sim \sigma^{2} \operatorname{Tr}[(XX^{\top})^{-1}] + \frac{\sigma^{2}}{m-n} \operatorname{Tr}[I - P_{X}] \operatorname{Tr}[(XX^{\top})^{-1}]$$

$$\sim \sigma^{2} \frac{1}{\gamma - 1} + \frac{\sigma^{2}}{m-n} (d-n) \frac{1}{\gamma - 1}$$

$$= \sigma^{2} \frac{1}{\gamma - 1} \left( 1 + \frac{d-n}{m-n} \right)$$

$$= \sigma^{2} \left( \frac{1}{\gamma - 1} + \frac{1}{\delta - 1} \right)$$

$$(13)$$

<sup>&</sup>lt;sup>1</sup>Push-through identity:  $X(X^{\top}X + \kappa I)^{-1} = (XX^{\top} + \kappa I)^{-1}X$ <sup>2</sup>Woodbury matrix identity:  $\kappa(X^{\top}X + \kappa I)^{-1} = I - X^{\top}(XX^{\top} + \kappa I)^{-1}X$ 

Therefore we can see that  $\mathbb{E}_{\epsilon}[R^{(\text{var})}(\hat{\boldsymbol{\theta}})]$  decreases as  $\delta$  or  $\gamma$  increases.

The result for the bias component of the risk is the following (we will not prove it):

$$R^{\text{(bias)}} \sim \left(1 - \frac{1}{\gamma}\right) \frac{\delta}{1 - \delta} \|\boldsymbol{\theta}_*\|^2$$
 (14)

Thus  $R^{(\text{bias})}$  increases with  $\gamma$  and decreases with  $\delta$ .

#### Double Descent

Combining the results from the previous lecture (underparametrized regime) and today's results (overparametrized regime), we illustrate the double descent phenomenon in Figure 1.

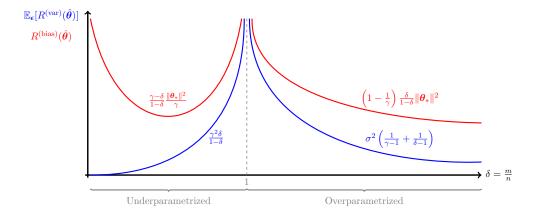


Figure 1: Illustration of the double descent phenomenon.

# References

Bach, Francis (2024). "High-Dimensional Analysis of Double Descent for Linear Regression with Random Projections". In: SIAM Journal on Mathematics of Data Science 6.1, pp. 26–50.